

# ROOTED AND GROUNDED IN LOVE



*The Tertiary Order  
of the Holy Paraclete*



*Enjoying a trip to meet South African Tertiaries*

## *W*hat are OHP Tertiaries? Who are they? What do they do?

The OHP tertiary order is a fellowship of women and men, united in keeping a rule of life based on the rule of the Order of Holy Paraclete. "Tertiary" means "third" so the Tertiaries are a third order of ordinary women and men within OHP.

### BELONGING

**Tertiaries value their links with the Sisters of the Order and with each other.**

*Being a Tertiary means to me to be spiritually anchored with the Sisters and other Tertiaries; to be supported with love and prayers on our spiritual journey; and to have a feeling of coming home spiritually whenever I am at the Priory.*

**Revd Jane Nelson, NSM Priest, Scottish Episcopal Church**

*Belonging to the Order gives me a base, fellowship and friendship; knowing that I pray for others and I am also prayed for means a lot and brings us closer together and closer to God...*

**Marie Brown, Bank Carer**

*In recent months I have experienced the powerful force of this fellowship whilst being upheld in love and prayers. I faced a challenging time of ill-health and surgery. The peace and strength which I received was truly awesome for which I thank God. It has transformed my life.*

**Shirley Frank, retired Civil Servant**

*A casual conversation with a friend at church brought me to the Tertiary life...that friend...invited me to a local tertiary meeting and I knew almost at once that this was for me. There was a warmth of fellowship at that meeting, a common longing for the things of God within a group of like-minded people...*

**Tony Holden, Marketing Director**

## GROWTH

**Following a rule of life helps to bring about personal growth in our lives.**

*The Tertiary life has deepened my relationship with God and having a Rule of Life gives me something to pivot from in my Christian life. Belonging to the Tertiary Order gives my life a special dimension.*

**Hazel Adamson, retired Psychiatric Nurse**

*I believe that becoming a Tertiary has been one of the best decisions I've ever made, as I feel firmer in my faith and it has helped me find a stronger sense of inner peace. My life as a Christian has become less dependant on seeking spiritual experiences and the approval of my fellow Christians and dependant on the growth which seems to come about as a result of trying to keep a "Rule of Life".*

**Liz Heale, Nurse and Clergy Wife**

*...the Tertiary Order gives me a framework from which to draw up a personal rule of life and following this gives me a stability not only externally but internally.*

**Marie Brown, Bank Carer**

*I have found that my life with structure and discipline yet without rigidity, enables my relationship with Christ and my neighbour to grow, and so is of benefit to my brothers and sisters everywhere.*

**Tony Holden, Marketing Director**



*A quiet day for a local group*



*50 years celebration for OHP Tertiaries*

## SERVICE

**Service is part of Christian discipleship. Christians are bound together by the love of God. It is this love that underpins the Tertiary Order and binds Tertiaries to each other and to the whole body of the Christian Church.**

*For me being a Tertiary is about bringing a structure to my personal devotion to Christ. Being connected and supported by OHP is a great resource in my own ministry and work and one of the joys is increasingly how ecumenical the Tertiaries are.*

**Revd Adam Wells, Methodist Minister**

*During our time at Chapel Farm being a tertiary was my “anchor”. In the busyness of our life there I had that commitment and rule to guide me. Since retiring Howard has become a tertiary...*

*We now enjoy the fellowship of the York group as we continue to make a journey of faith together.*

**Rosalie and Howard Richardson, retired**

*...from the perspective of ordained ministry, the vows – simplicity of life, purity of relationships and obedience to God’s will – provide a constant reference point to keep me “on track”. I’m a poor example of a Tertiary but one who is grateful to the Order for the opportunity to be one.*

**Revd Suzanne Jukes, Anglican Priest**



*Some of our Scottish Tertiaries*



*Tertiary  
Order of  
the Holy  
Paraclete*

*If you would like to know more  
about the  
Tertiary Order of the Holy Paraclete  
please contact:*



**Sr Muriel OHP**

**Warden of the Tertiary Order**

9 Cranbourne Street, Spring Bank  
Hull HU3 1PP

**Telephone: 01482 586816**

*email: [ohphull@ohphull.karoo.co.uk](mailto:ohphull@ohphull.karoo.co.uk)*



**Hazel Adamson**

**Secretary**

96 The Close, Wyre Vale Park  
Garstang  
Lancashire PR3 1PN

**Telephone: 01995 606 906**

*email: [hazel.adamson@btinternet.com](mailto:hazel.adamson@btinternet.com)*

